Dear Freshman,

Congratulations! on your admission into PAU.

At Pan-Atlantic University, we are committed to the holistic development of every student. Our goal is to shape the PAU student into an ethically grounded and responsible professional.

Our student support services highlighted below have been initiated with this goal at heart:

# Medical Services..

The PAU student's medical well-being is of paramount importance. The university clinic is situated on the ground floor of Cooperative Queens’ Hall of Residence and can be accessed via its back gate.

# Directions to the clinic:

* ***Option A:*** If you are coming from the hostel area or main gate:
  + *Walk towards the basketball/volleyball courts.*
  + *Take the first right onto the concrete slab pathway leading to the courts.*
  + *The clinic entrance is on your right.*
* ***Option B:*** If you are coming from the TYD/SST Buildings:
  + *From the entrance foyer of either building, walk towards the concrete slab pathway leading to the basketball/volleyball courts.*
  + *The clinic entrance is on your right.*

The university clinic is always ready to address your health concerns 24 hours a day.

# Student Clubs and Extracurricular Activities..

1. **Student Clubs:**

To encourage extracurricular engagement, the university has approved students-established clubs that unite like-minded individuals which serve as an avenue for idea-sharing, interactions and recreation.

Currently, there are thirteen approved clubs in PAU:

* Entrepreneurship Club: *To join the club, send an email to* [*entrepreneuershipc*](mailto:entrepreneuershipclub@pau.edu.ng)[*lub@pau.edu.ng*](mailto:lub@pau.edu.ng)
* Euphoria Dance Club: *To join the club, send an email to* [*euphoria@pau.edu.ng*](mailto:euphoria@pau.edu.ng)
* Living Green Club: *To join the club, send an email to* [*livinggreen@pau.edu.ng*](mailto:livinggreen@pau.edu.ng)
* Public Speaking Club: *To join the club, send an email to* [*publicspeakingclub@pau.edu.ng*](mailto:publicspeakingclub@pau.edu.ng)
* Drama Club*: To join the club, send an email to* [*dramac*](mailto:dramaclub@pau.edu.ng)[*lub@pau.edu.ng*](mailto:lub@pau.edu.ng)
* Film Club*: To join the club, send an email to* [*filmc*](mailto:filmclub@pau.edu.ng)[*lub@pau.edu.ng*](mailto:lub@pau.edu.ng)
* Art Club: *To join the club, send an email to* [*artclub@pau.edu.ng*](mailto:artclub@pau.edu.ng)
* Investment Literacy Club: *To join the club, send an email to* [*ilc@pau.edu.ng*](mailto:ilc@pau.edu.ng)
* Tech-Innovation Club*: To join the club, send an email to* [*tech.innovation.club@pau.edu.ng*](mailto:tech.innovation.club@pau.edu.ng)
* Book Club*: To join the club, send an email to* [*paubook.c*](mailto:paubook.club@pau.edu.ng)[*lub@pau.edu.ng*](mailto:lub@pau.edu.ng)
* Model UN Club*: To join the club, send an email to* [*modelun.club@pau.edu.ng*](mailto:modelun.club@pau.edu.ng)
* FOCUS Society: *To join the club, send an email to* [*studentaffairs@pau.edu.ng*](mailto:studentaffairs@pau.edu.ng)
* Dignity-Hub Club: *To join the club, send an email to* [*studentaffairs@pau.edu.ng*](mailto:studentaffairs@pau.edu.ng)

# Sports:

Beyond academics, PAU values your all-round development. Engage in sports like football, basketball, volleyball, lawn tennis, sports marathon, aerobics and inter-hostel competitions and intra- and inter-university competitions. These sports facilities are available on campus and within residence halls.

# Community Service Project:

The Community Service Project (CSP) fosters a sense of service and responsibility in students towards the community. This aligns with our mission to create competent and committed professionals who contribute to building a better society. To join the CSP, please send an email to [csp@pau.edu.ng.](mailto:csp@pau.edu.ng)

# PAU Choir:

The PAU Choir is a student group at Pan-Atlantic University, known for organizing events like the "Nostalgia Concert" and the annual "Christmas Carol." If you're interested in joining, please reach out to [pauchoir@pau.edu.ng.](file://localhost/C:/Users/ffelix/AppData/Roaming/Microsoft/Word/pauchoir%40pau.edu.ng)

# The FIG Programme ...

Designed for first-year undergraduates, the FIG programme aids the transition from secondary school to university life. Regular interactions and activities, led by upper level students, equip new students with the skills necessary for success at PAU, while assisting them to discern and plan their future.

# Career and Internship…

To promote real-world and industrial experience among its students, Pan-Atlantic University's Career and Internship Unit facilitates internship placements. Compulsory internships are set for Computer Science students (200 and 300 levels), Engineering students (200-400 levels), and 300 level students from other disciplines. On the other hand, 100 level students, as well as 200 level students from other disciplines, may opt for voluntary internships. For more information on internship placements, please contact [internship@pau.edu.ng](file://localhost/C:/Users/ffelix/AppData/Roaming/Microsoft/Word/internship%40pau.edu.ng).

# Peer-2-Peer Tutorials…?

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Academic excellence is a continuous journey. Fortunately, in PAU, you are not alone on this journey. For academic assistance, tutors (students) are readily available via the Peer-2-Peer tutorial platform. If you need a tutor, don't hesitate to contact Peer2Peer tutorials at [peer2peertutorials@pau.edu.ng.](mailto:peer2peertutorials@pau.edu.ng)

# Mentoring…

As a PAU student, you will be assigned a mentor to guide you throughout your transformative stay at PAU. These mentors are more than advisors; they are compasses, to ensure that you maximize your time here at PAU and attain your full potential as an individual. Ensure that you meet regularly with your mentors by sending them an email or visiting them at their offices.

# Guidance and Counselling …

Reaching out for assistance is a show of strength. PAU has a Guidance Counselor who will always be available to offer academic and personal life support when needed.

# Personal Development Series (PDS)…

Unlock your potential and lead a purposeful life. The PDS provides insights into the challenges young adults face and strategies to address them. This development programme offers a fresh perspective on opportunities, dreams, and goals while connecting the PAU student with industry professionals and experts. Numerous engaging and interactive PDS sessions are held throughout the academic year, featuring guest speakers.

# Work-Study Programme

Acquiring practical experience while studying is invaluable. The Work-Study programme allows PAU students to earn some money and learn, enhancing both professional and academic competencies. However, effective time management and strategic planning are vital for effective utilisation of this platform.

# Health and Wellness Team

Mental and psychological well-being is essential for all-round development. The Health and Wellness team, work with the Guidance Counsellor to provide primary support, ensuring optimal wellness of students while on campus.

# Student Businesses

In alignment with our mission to nurture an entrepreneurial spirit, PAU supports student-run businesses.

# The Student handbook and Code of Conduct

The PAU Student Handbook defines the expectations and standards for PAU students, providing information about the university, its mission, objectives, various schools and units, policies, and the expected code of conduct. All students are advised to familiarize themselves with its contents.

# The PAU Student Policies

Pan-Atlantic University has policies in place to ensure a conducive environment for study and learning. Familiarity with these policies is essential for every PAU student.These policies are listed below:

* 1. Alcohol policy
  2. Dress code policy
  3. Drug test policy
  4. Smoking policy
  5. ID card policy

# Town Hall Meetings:

Town hall meetings serve as an opportunity for students to convene and relate their concerns, grievances and suggestions which the Student Affairs Office addresses and attempts to resolve. Make sure you participate.

# Student Affairs Office:

The Student Affairs Office is dedicated to supporting you throughout your academic journey at Pan-Atlantic University. If you have any questions, need assistance, or simply wish to chat, our doors are always open. Please feel free to visit our office in person, drop us an email, or call any member of our team. Please note that only emails received from students using their official PAU email addresses will be attended to.

# Our contact details:

**Email:** [studentaffairs@pau.edu.ng](mailto:studentaffairs@pau.edu.ng)

# Phone Numbers:

* Anne Osezua – 0803 922 6965
* Felix Francis – 0703 016 1494
* Jessica Amie – 0814 647 7325
* Calistus Omeje – 0813 614 3930
* Augustine Achike – 0704 048 1319

As you begin this journey at PAU, we encourage you to maximize the above opportunities, utilizing them to sculpt your journey at PAU.